



About Us

Ipswich Community Media (ICM) is a community interest company consisting of a group of like-minded local people who want to work with those at the margins of society to include them in the positive change and development of our community. We want to help make Ipswich, and the county, a better place for all; and we want to do this in an engaging and creative setting.

At ICM we want to create a melting pot – an oasis of diversity that helps to create a culturally, economically and socially vibrant community. Exposure and access to community media, creative arts, music and language skills is a fantastic way to engage people – particularly those at the margins of society. Through this engagement, which itself is nourishing and enriching, we want to support the most disadvantaged to develop and progress through learning and volunteering. ICM aims to deliver high quality training in a digital and multi-media environment.

Funding from Suffolk Community Foundation through Suffolk Police & Crime Commissioner's Stay Safe Online Fund.

The Internet Is...

It's safe to say that the internet is pretty blooming amazing; from being able to watch crazy cat videos to teaching yourself to code. But as well as providing us with information at our fingertips, we also need to be aware of the potential risks both to ourselves and to each other.

What do you do if you find yourself in a difficult situation?

Ipswich Community Media invites you to enter our film and photography competition which will highlight the risks associated with online safety. This is your chance to have your film shown at a private viewing, as well as being entered into a national film competition.

To Enter

Send entries to hello@ipswichcm.org.uk

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Group Names (Who are the superstars working on your film...)

Plot



• Engage • Support • Learn • Create •

Transforming Communities through Creativity, Learning and Participation



Name	
Film Title	

Theme

Theme
Think about your theme. Have you got any stories relating to it? What are the main messages going to be?

Genre

Genre
What sort of film will you make (documentary, music video, mock up news report)?

Resources

Resources
What do you need (props, ipad, costumes)?



Planning Sheet

What is your story going to be about? Start thinking about how you will make sure you cover the themes...



Draw Your Characters!

A large, empty white rectangular area with a black border, intended for drawing characters.

Name	
Film Title	



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Storyboarding



Storyboarding

Information and Helplines

CEOP - Child Exploitation and Online Protection Command

If you have any concerns about potential grooming or sexual exploitation you can report this straight to CEOP

Website: <https://www.ceop.police.uk/safety-centre>

Childline

ChildLine is a counselling service for children and young people. You can contact ChildLine 24 hours a day. Whatever your worry, it's better out than in. Childline are there to support you and help you find ways to cope.

Phone: 0800 1111

Website: www.childline.org.uk

Samaritans

Samaritans is available 24 hours a day for anyone struggling to cope and provide a safe place to talk where calls are completely confidential.

Phone: 116 123

Email: jo@samaritans.org

National Bullying Helpline

The National Bullying Helpline provides confidential, unconditional, help and advice with a section of their website dedicated to issues surrounding Cyberbullying

Phone: 0845 22 55 787

Cyberbullying website: <http://www.ecrime-action.co.uk/index.html>

Victim Support

Victim Support helps you whether you have spoken to the police about the cybercrime or decided not to report the crime. They aim to help you get your life back on track, working to support you until you no longer need our help.

Phone: 01380 729476

